

**Fibromyalgia Healing**

**Retreat in Paradise**

**November 18-24, 2013**

**Lumeria Retreat Center**

**Maui’s Most Luxurious**

**Boutique Retreat**

**AVAILABLE:**

* **Consultations**

**with Dr. Metro by**

**appointment prior to**

**retreat**

* **Lomi Lomi Massage**
* **Massage Therapy**
* **Horticulture**
* **Aromatherapy**
* **Cranial Sacral Massage**
* **Personalized Yoga**

**INCLUDED:**

* **3 Daily meals -**

**Local fruits, vegetables, fresh fish, vegan/vegetarian**

* **Yoga**
* **Meditation**
* **Jacuzzi**
* **Organic Gardens**
* **Evening Acoustic Yoga**
* **Pool**

* **Irene C. Metro M.D., Board Certified Physician and**

**Fibromyalgia /Chronic Fatigue Syndrome Specialist**

**Presents:**

* **Hawaiian Retreat for 7 Days and 6 Nights Oceanside**
* **Relax, commune with nature, enjoy workshops and pamper yourself.**
* **Give your health a boost and your fibromyalgia a boot**

**Call 734-432-1900 for more information**

**www.doctormetro.com**